

**49th Annual Educational Conference & Trade Show
The Ritz Carlton, Sarasota, FL
July 15-18, 2018**

Sunday, July 15, 2018

- 7:30 a.m. - 8:00 a.m. Golf Outing Registration
- 8:00 a.m. - 2:00 p.m. **Bethan Hyde Annual Golf Classic**
(Separate Registration Required)
- 5:00 p.m. - 7:30 p.m. Registration Desk Open
- 6:00 p.m. - 7:30 p.m. **Welcome Reception with Exhibitors**
(Ticket Required)

Monday, July 16, 2018

- 7:30 a.m. - 4:00 p.m. Registration Desk Open
- 7:45 a.m. - 8:30 a.m. Continental Breakfast with Exhibitors
- 8:30 a.m. - 9:00 a.m. **SESSION #1: FASI Member Meeting & Opening Remarks**
- Speaker:** Josiah Pritchard, MHA, FASI President, Mayo Clinic, Jacksonville, FL
- Don't forget to complete the speaker evaluation sheets for each session. At the conclusion of each session you will turn in a completed speaker evaluation to be eligible for a \$50 American Express gift card at the beginning of the next session.
- 9:00 a.m. - 10:00 a.m. **SESSION #2: 'Kids Today': Engagement and the Millennial Employee**
- Speaker:** Laura Wood, SPHR, CCP & Jennifer O'Malley, Ph.D. , Healthsystems, Tampa, FL

Recently, there has been a lot of research and depiction of the priorities and values of the millennial workforce today. Looking at this representation, we offer ways in which you might begin to engage “Kids Today” in your organization. In this session, we discuss the millennial workforce, specifically through the lens of promoting engagement through your Total Value Proposition. We will explore how the increased discretionary effort provided by engaged employees will benefit your self-insured programs. We provide a review of research that focuses on the priorities and values of the millennial workforce, and then aim to offer suggested channels for delivery.

10:00 a.m. - 10:15 a.m.

BREAK

10:15 a.m. – 11:00 a.m.

SESSION #3: Recharge & Revitalize Your Health Care Plan

Speaker: David A. Huerta, RHU & Bob Duch, Cost Plus Advisors, LLC, Tampa & Denver, FL & CO

The current health care system with insurance carriers is not working. Insurance companies are not solving the cost problem; they simply add to it, extracting far more money from Plan Sponsors than the value provided. This has resulted in year over year increases to employers, and subsequently employees are paying the price with higher payroll deductions and decreasing coverage (not to mention credit dings and bankruptcies).

It is time to ignore the partisan and status quo orthodoxies that carriers and consultants want to perpetuate. They don't want change; they do everything possible to keep the status quo with their PPO network contracts and discount-based reimbursement. While “transparency” is today's buzzword, you are getting anything but that.

Organizational leaders have reached a breaking point, and are tired of increasing claim costs, lack of real solutions and the lack of accountability from the carriers. Employees are out of room and simply can't spend any more. The good news is that you are no longer obligated to sit back and pay more for less. Instead of trying to fix an enormously broken system,

change is needed.

This seminar will identify common sense solutions to reducing the cost of claims in two of your plan's spend categories: Facility and Rx.

11:00 a.m. - 12:15 p.m.

SESSION #4: Legislative/HR update

The landscape for employers is always shifting, and it is critical to be informed and prepared. In this session, two seasoned defense lawyers – one who specializes in workers' compensation and one who focuses on employment law – will discuss recent changes in each of their respective practice areas. These changes can come from Congress or the state legislature; but more and more, they also come about through court decisions and administrative action, such as the EEOC, NLRB, OSHA, and others. This session will be packed with information and preventative strategies to help employers be prepared BEFORE a case is instituted.

Speakers: Scott Miller & Michael Spellman, P.A

12:15 p.m. - 2:00 p.m.

EXHIBITOR TRADE SHOW & PRIZE DRAWINGS

(with Buffet Lunch, Ticket Required)

Last year was such a success that we're having the Exhibitor Trade Show & Prize Drawings during lunch again, leaving the evening free for networking dinners! Here's your opportunity to enjoy fun, fellowship, and an excellent interchange with the many folks who provide products and services to FASI members. Visit all the Exhibits and win prizes!

2:00 p.m. - 3:00 p.m.

SESSION #5: View From the Bench : The Honorable Mark Massey, Judge of Compensation Claims, provides insight into various worker's compensation scenarios

Speaker: Mark A. Massey, Judge of Compensation Claims, Tampa, FL

Moderated by Scott Miller

A review of scenarios and case studies involving worker protections, and the proper response by employers.

3:00 p.m. - 4:30 p.m.

SESSION #6: Enjoying Excellence - Becoming the Greatest You Can Be

Speaker: Dr. Earl Suttle, Leadership Success International, LLC, Roswell, GA

This highly-charged interactive seminar provides usable practical ideas to help you become better in your individual and professional life. It highlights how to develop a more positive attitude in the workplace. You will also learn unique ways how to enhance your career growth.

You will also learn:

- The 6 Keys to Successful Living
- How to establish a personal growth plan to enhance your career growth
- Unique ways to enhance your personal power with others
- How to take better care of themselves.
- Unique ways to stay positive, motivated and committed.
- How to interact better with clients.
- Managing your stress for better success.

Tuesday, July 17, 2018

7:30 a.m. – 8:00 a.m.

Morning Stretch

Led by: Holly Murphy, MA, MPH, Tampa General Hospital

Have you been sitting a lot during the conference? Will you be sitting for a long time on your trip home? Start the last day of the conference enjoying 30 minutes of stretching, releasing muscle tightness, and reducing the impact of too much sitting. Relaxing and energizing, this session offers the benefits of stretching to help you get through your day!

8:00 a.m. - 12:45 p.m.

Registration Open

8:00 a.m. - 8:30 a.m.

Continental Breakfast

8:30 a.m. - 9:30 a.m.

SESSION #7: Implementing Effective Sexual Harrassment Policies and Minimizing Liability Exposure

Speaker: Jason E. Handin, Esq., Ward Damon, PL –

West Palm Beach, FL

This presentation covers two general topics that are constantly in the headlines: (1) Utilizing effective risk management policies with regard to both employees and customers/third parties for the purpose of minimizing liability exposure; and (2) implementing an effective sexual harassment policy and safeguarding against inappropriate behavior in the workplace, with discussion of the potential causes of action related to sexual harassment.

9:30 a.m. - 10:30 a.m.

SESSION #8 Patient Driven Locomotor Training: The Evolution of the Exoskeleton

Speaker: Robert McIver, PT, DPT, NCS, Brooks Rehabilitation

Exoskeletons are relatively new to the rehabilitation technology world, and yet they have evolved very quickly with the demands of patients and therapists. Through lecture, demonstration, and case study review the audience will experience the newest Exoskeleton on the market, Cyberdyne's HAL, and where it fits into the rehabilitation model. The interface of biofeedback, coupled with HAL's ability to read bioelectrical signals allows the patient to use their own nervous system in order to drive their own walking ability as a locomotor intervention. In addition, mechanical exoskeletal systems will be reviewed and a discussion on current research for these technologies and how they impact our patients overall care will give the audience a more rounded view of this new treatment option for patients.

10:30 a.m. - 10:45 p.m.

Break

10:45 a.m. - 11:45 a.m.

SESSION #9: The Rest of Your Life

Speaker: Lisa Davis, CTRS, CCWS, Florida Hospital

Do you want to end exhaustion, enhance energy, and sleep smarter? And are you living a vicious or virtuous sleep cycle. Come learn about the science of sleep medicine and solutions for creating a sleep healthy lifestyle.

11:45 a.m. – 12:45 p.m.

SESSION #10: Mind/Body Practice 101

Speaker: Holly Murphy, MA, MPH, Tampa General Hospital

Do you feel like you have to be able to bend like a pretzel to do yoga? Are you a fidgety skeptic about the benefits of meditation? In such a fast-paced world it's common to be hesitant about starting a mind/body practice and actually slowing down. Attend this session and learn more about the benefits of yoga and meditation, understand how to start a mind/body practice, and participate in some gentle yoga and meditation techniques. You will leave knowing how to release tension through breath and movement, boost your mental muscle by slowing down, and use various techniques to feel more focused and energized.

12:30 p.m. - 3:00 p.m.

FASI Board of Directors Meeting (Open Meeting)

6:30 p.m. - 10:30 p.m.

Dinner & Casino Party

(Ticket Required)